



"Broader Palate, Broader Mind!"

ANAPHYLAXIS, Allergies, and Intolerances Information Form

MUST BE ACCOMPANIED WITH AN ALLERGY REPORT FROM A TRAINED HEALTH PROFESSIONAL OR ALLERGEN TESTING FACILITY

Child Care Centre: _____

Child's Name: _____

Please complete the following. Give a full description of the severity of the reaction and include any parameters with respect to each allergy (see attached 'Sample Information Sheet').

Allergy/Intolerance: _____

Reaction/Symptoms: _____

_____ **ANAPHYLAXIS**

NO

YES

Parent Name: _____

Parent Signature: _____ DATE: _____

Centre Signing Authority: _____ DATE: _____

Sample Information Sheet

Child: Johnathan Doe

Allergy/Intolerance: Intolerant to **soy** and **milk** with limited tolerance

Symptoms: Diarrhea (runny, green stool with possible mucous or blood), history of and red, raise bumps on legs)

* NO *	✓ YES ✓
<p>Milk:</p> <ul style="list-style-type: none"> * NO fresh, or heated milk, cream, buttermilk, ice cream, etc. * NO yogurt or frozen yogurt * NO chocolate, caramel or similar candy containing milk * NO ricotta cheese, cottage cheese, processed cheese or shelf stable parmesan cheese (contain added milk) * NO cream cheese * NO dips, salad dressings, icings, streusel, margarine, etc. containing milk * NO cheese/whey powder (e.g. doritos, cheesies) 	<p>Milk:</p> <ul style="list-style-type: none"> ✓ YES baked in milk with flour (e.g. pancakes, muffins, waffles) ✓ YES butter (NOT margarine, unless vegan) ✓ YES cheese cooked or uncooked (the only ingredient should be pasteurized milk with cheese cultures), e.g. cheddar, marble, mozzarella, feta/goat cheese, cream cheese* etc. <p><small>*limited experience, may not have tolerance, please keep communication</small></p>
<p>Soy:</p> <ul style="list-style-type: none"> * NO Soy/soybean protein or edamame <p>E.g. Soy milk, soy sauce, hydrolyzed soy protein, edamame</p> <p>Things to watch for especially:</p> <p>Bread (rare)</p> <p>Gravy or soup (mix or canned), chili or meat sauces (e.g. tim hortons, chef Boyardee), meat substitutes</p>	<p>Soy</p> <ul style="list-style-type: none"> ✓ YES soy/soybean oil or soy lethicin (highly refined and stripped of protein)



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SPECIAL REQUEST FORM

Child Care Centre: _____

Child's Name: _____

Special Dietary Request

- Vegan
- Vegetarian
- Pork Free
- Gluten Free
- Raw Dairy Free (drinkable milk, cheese, yogurt)
- All Dairy Free
- Other: _____

I, _____ (parents name) understand that my request for a special diet for my child is for personal reasons or beliefs and is not associated with any life threatening allergy or allergic reaction to above food/s.

Parent Signature: _____ DATE: _____

Center Signing Authority: _____ DATE: _____